

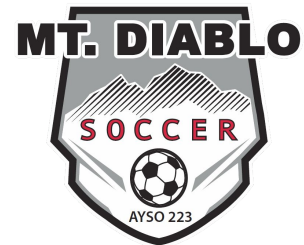
2021 Fall Coach Preseason Meeting

Wednesday August 11, 2021



AGENDA

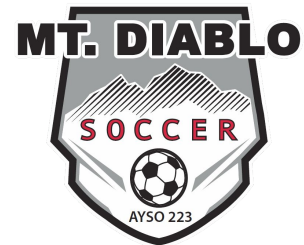
- AYSO Vision & Mission Statement
- AYSO Philosophies
- The Role of the Coach
- Coaching Requirements
- Coach Responsibilities
- Other Volunteer Roles
 - REFEREES
- Rosters
- Age Group Differences
- Schedules
- Practices
- Safety
- COVID Protocols
- Game Day Reminders
- MT. DIABLO WORLD CUP
- Select Program
- Contacts
- Questions?



We are AYSO

The AYSO Vision Statement

To provide world class youth soccer programs that enrich children's lives.



The AYSO Mission Statement

To develop and deliver quality youth soccer programs which promote a fun, family environment based on our Six Philosophies.



AYSO'S SIX PHILOSOPHIES

- EVERYONE PLAYS®
- BALANCED TEAMS
- OPEN REGISTRATION
- GOOD SPORTSMANSHIP
- PLAYER DEVELOPMENT
- POSITIVE COACHING



COACHING REQUIREMENTS

1. VOLUNTEER REGISTRATION (ANNUAL)

- Register as a volunteer for 2021/22 with AYSO
- Submit Volunteer Form in inLeague
- Complete background check with Sterling Volunteers

2. COMPLETE MANDATORY TRAINING

- Safe Haven
- CDC Concussion Training
- Sudden Cardiac Arrest Training

3. COACH CERTIFICATION

- Complete age-appropriate training
- 6U, 8U, 10U: online only
- 12U, Intermediate, Advanced: pre-course online; contact Coach Admin to arrange in-person field training

**ALL ONLINE TRAINING AND CERTIFICATIONS
AVAILABLE AT WWW.AYSOU.ORG**



COACHING RESPONSIBILITIES

1. CONTACT FAMILIES - Reach out ASAP!

- Teams > Team Rosters > Team Information/Contact Info
- inLeague Messaging System

2. SCHEDULE PRACTICE TIMES

- Contact scheduler@mdsoccer.org
- 8U - 1 x 1 hour practice;
- 10U-19U - 2 x 1hr 15m practices

3. GATHER PAPERWORK

- Ask parents to print an e-signed Player Registration Form from inLeague before first practice.
- Bring to every practice and game

4. RECRUIT OTHER VOLUNTEERS

- More information on next slide. When Volunteer Form is completed and necessary points are met, you can:

5. REQUEST AND COLLECT UNIFORMS

- Contact uniforms@mdsoccer.org



VOLUNTEER RECRUITMENT

- To obtain uniforms and equipment, each team must have meet a minimum number of volunteer points based on roles filled.
- [7U/8U Volunteer Sheet](#) - must meet 32 volunteer points
- [10U-19U Volunteer Sheet](#) - must meet 40 volunteer points
- Coaches and Referees (*and Board Members*) are the most valuable! For 10U-14U, team volunteers MUST include REFEREES who are active in order to meet World Cup Points (more info later)
- Once you have completed your team's volunteer list, contact uniforms@mdsoccer.org for information on collecting your team uniforms.



- We recommend holding a team meeting or recruiting via email ASAP. If you need ANY help with recruitment, let us know! Fall@mdsoccer.org



REFEREES

- Each team, 10U & up required to have at least two certified team referee (1 ref for 7U/8U)
- Identify your team referee(s) immediately
- Once a team ref has been identified, send person's name, team # and division info to refadmin@mdsoccer.org so we can supply more information on training
- 10 matches per team 10U and above (multiple refs per team can share the requirement)
- Youth referees are encouraged and welcomed! It's a great way to earn community service hours.

Min age 12 for U8 and below, age 13 for U10, age 15 for U12, age 17 for U14 and above

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MT. DIABLO ABSOLUTELY Zero Tolerance of abuse for all Referees, regardless of AGE!



UPCOMING REFEREE TRAINING

Regional Referee Online Companion Course – you will need to sign up for this course at www.AYSOU.org - the instructor led portions will be offered on the following dates:

1. **Saturday 8/14** – Hosted by MDSA, see AYSOU for time and location
2. **Saturday 8/21** – Hosted by Concord AYSO, see AYSOU for time and location
3. **Saturday 8/28** – Hosted by PHMSA, see AYSOU for time and location
4. **Sunday 8/29** - Hosted by MDSA. see AYSOU for time and location
5. **Sunday 9/12** – Hosted by PHMSA, see AYSOU for time and location

Prerequisites – Regional Referee Online Course, Safe Haven, CDC HEADS UP Concussion, Sudden Cardiac Arrest

Regional Referee Instructor Led Courses:

1. 1 Day Course – **Saturday 8/21** – Hosted by Concord AYSO, see AYSO for time and location
2. 2 Day Course – **Wednesday 8/25, Saturday 8/28** – Hosted by PHMSA, see AYSO for time and location

Prerequisites – Safe Haven, CDC HEADS UP Concussion, Sudden Cardiac Arrest



- **Intermediate Referee Instructor Led Course:**
Planned for during Fall Season sometime – email refadmin@mdsoccer.org if interested



ROSTERS

Available Now in inLeague: Teams tab > Team Rosters > Team Information/Contact Info

AGE GROUP	PLAYERS ON FIELD	MAX. ROSTER SIZE	GAME LENGTH
5U & 6U	4	6	4 x 5m
7U	4	6	4 x 8m
8U	5	7	4 x 10m
10U	7	10	4 x 12.5m
12U	9	12	4 x 15m
14U & 16/19U	9	15	2 x 35m



AGE GROUP DIFFERENCES

- **3 /4 MINIMUM RULE APPLIES:** All players must play 3 quarters before any player plays 4
- 8U: No goalkeepers
- 10U: Build Out Line
 - A build-out line shall be placed across the field equidistant between the top of the penalty area and the halfway line. This is also the line to determine offsides.
 - The opposing team must move behind the build-out line for a goal kick or when the goalkeeper has possession. At any time, the goalkeeper may pass, throw, or roll the ball to a teammate who is behind the build-out line.
 - The goalkeeper or the player taking the goal kick does not have to wait for the opposing players to move behind the build-out line. The play from the goalkeeper or from the goal kick must be played to a teammate behind the build-out line. After the ball is put into play, the opposing team can then cross the build-out line and play may resume as normal. The first touch is from the goal kick or pass from the goalkeeper.
- 14U & Up: Heading permitted within guidelines
- 16/19U: [Co-Ed Live Rule Of Play](#) applies



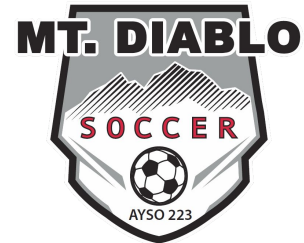
SCHEDULES

- Practices start w/c August 16
- Games start Saturday August 21
- Season runs through Oct 31; No games September 4 for Labor Day
- Area Interplay for 12U & up begins August 28 - schedule will be distributed when received from the Area Scheduler. Games will be intra-MDSA until Interplay begins.
- Interplay games may include a match with a team from our Area VIP Program
- 10U & Up: World Cup runs 10/16-10/31 (11/6 & 11/7 reserved for makeup play)



PRACTICES

- To schedule practices, contact scheduler@mdsoccer.org ASAP with your preferred days and times
- AVAILABLE PRACTICE TIMES & FIELDS:
 - 7U/8U: Monday-Thursday; 5-6pm, 6-7pm, 7pm-8pm; Boatwright Fields 5 & 3
 - 10U: Monday-Friday; 5pm-6:30pm; 6:30pm-8pm; Mountain View Elementary
 - 12U: Monday-Thursday; 5pm-6:30pm; 6:30-8pm; Highlands OR Boatwright 6
 - 14U: Monday-Friday; 5pm-6:30pm; 6:30-8pm; Pine Hollow Middle (Also limited space available at Newhall Monday-Thursday)
 - All Ages Overflow: Monday-Thursday; 5pm-6:30pm; 6:30pm-8pm; Boatwright 4
- Practice space is on a SHARED FIELD - please work together and share space responsibly



SAFETY

- NO unregistered players or volunteers may participate! This invalidates the insurance coverage for EVERYONE ON THE FIELD in case of an incident.
- Have printed Player Registration Forms at every practice and game.
- No MDSA goals are to be used during practices.
- All players must wear shin guards; no jewelry/hard hair accessories/watches.
- In the event of an injury, illness or other incident, file an [AYSO Incident Report Form](#) with safety@mdsoccer.org ASAP.
- First Aid Kits: available from Jessica (uniforms@mdsoccer.org)
- Wet conditions or poor air quality: check the Field Hotline after 8am weekends; 2pm weekdays (925-326-1799/www.mdsoccer.org)
- COVID-19 PROTOCOLS: NO ONE SHOULD ATTEND PRACTICES OR GAMES IF DISPLAYING ANY SYMPTOMS. Report to safety@mdsoccer.org if any player is confirmed to have tested positive.
- Coaches and referees should ensure goals are staked or weighted with sandbags before every game.



- **CHILDREN DO NOT TOUCH KNAACK BOXES OR HANDLE GOALS**
- **NO DOGS ON THE FIELDS**



GAME DAY REMINDERS

- **ZERO TOLERANCE POLICY**: MDSA does not tolerate any unsporting, abusive or aggressive behavior towards officials or volunteers. As Coach, you are responsible for the behavior of your sidelines! Review the policy with your team families ahead of the season.
 - *This especially applies during the World Cup when the excitement of competition can encourage some adults to forget their role on the sidelines!*
- **POSITIVE COACHING**: We are here for player development and above all FUN!
- First Game of the Day: Responsible for field set up. Ensure goals are staked OR weighted with sandbags.
- Last Game of the Day: Responsible for field take down. All equipment must be safely locked up with goals facing AWAY from the field.
- Ensure you have line-ups ($\frac{3}{4}$ rule!), PRFs, first aid kit, game card (10U & up - can be printed pre-filled in inLeague)



MT. DIABLO WORLD CUP

- MDSA holds a “within league” playoff tournament following the regular season to determine which teams will represent MDSA at the Area 2C Tournament of Champions 11/14-11/15
- MDWC is for the 10U-14U divisions only
- To participate in the Mt. Diablo World Cup & Area TOC each team is required to:
 - Have their team ref(s) on track to complete required number of games for the season (points awarded & tracked through inLeague assignments)
 - Submit player evaluations 2 weeks prior to start of Mt. Diablo World Cup
 - Failure to complete either of these two requirements will result in your team not playing in Mt. Diablo World Cup.
 - Teams are guaranteed 10 games through group play stages of the World Cup. Only teams who have met World Cup Referee Points are eligible to proceed to knock-out play
 - World Cup Dates: 10/16, 10/23, 10/30, 10/31 (11/6 & 11/7 reserved as make up weekend if necessary)



SELECT PROGRAM

- MDSA's Select Program offers enthusiastic and motivated players from our 10U-14U Fall Program the opportunity to improve their skills in a more competitive but still recreational environment.
- All eligible players (10U and up) are encouraged to apply. Please note that to be eligible for the Select program a player must be enrolled in the current Fall primary program and must have participated in at least 50% of their fall team games.
- The number of teams that will be formed in each division varies from year to year, dependent on player interest, skill levels and coaching. Select teams will travel more than fall teams, as the region could play teams from Davis, Stockton, Winters, Rio Linda and Antelope (this will vary from year to year), as well as participate in local and even a travel tournament.
- Throughout the season, coaches should identify and encourage their most promising and talented players to participate in the Select Program. Tryouts will be held at the end of October, tryout registration opens early October.



- Interested in coaching a select team? Parent questions?
See our [website](#) and contact select@mdsoccer.org



CONTACTS

Commissioner: Kate Laverick (commish@mdsoccer.org)

Coach Admin: Joe Davis (coachadmin@mdsoccer.org)

Referee Admin: Tom Semple (refadmin@mdsoccer.org)

Scheduler: Jason Habermeyer (scheduler@mdsoccer.org)

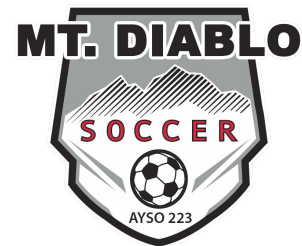
Safety: Jeff Robinow (safety@mdsoccer.org)

CVPA (Volunteer Registration/Training): Heidi Brown (cvpa@mdsoccer.org)

General Fall Questions: fall@mdsoccer.org

Latest News: www.mdsoccer.org

www.facebook.com/mdsoccer.org



QUESTIONS?

THANK YOU!

